

Clinical Research Unit (CRU) Ambulatory and Outpatient Mobile Services, NM Central Region

This service line brings clinical research to procedural, outpatient, and ambulatory settings. CRU nurses travel to these areas to provide services that support protocol compliance, including investigational treatment administration, safety monitoring, and specimen and other data collection.

GOALS

- Support clinical research teams and increase clinical trials availability for participants outside of the CRU.
- Ensure protocol and regulatory compliance.
 - Clinical research nurses are trained and experienced in rigorously following research protocols.
 - Clinical research nurses complete Good Clinical Practice (GCP), research ethics, and protocol training.
- Allow for patients to receive the “right care, in the right setting, with the right caregivers.”
 - Provide care for patients by clinical teams with the most expertise.
 - Optimize patient experience by providing a consistent environment.

AVAILABILITY

- Hours
 - Ambulatory mobile services are available 7:30am-7:00pm, Monday - Friday.
 - Services are not available on NM observed Holidays; see NMI or call the CRU for a list of holidays.
 - CRU CoreLab is available to process specimens received 7:30am-5pm, Monday - Friday.
 - Complex processing (meaning that requiring a lab technician) may be available outside of these hours; contact us to discuss.
 - Investigational Drug Services (IDS) business hours are Monday-Friday, 8AM – 4:30PM. Contact IDS at NMInvestigationalDrugServices@nm.org for information about the availability of investigational products outside of these hours. For urgent issues and/or off-hours enrollments, page the on-call IDS pharmacist at 1-6557 (or search NMI Web Paging for ‘Pharmacist Investigational, Pharmacy’).
- Scheduling
 - At least 2 business days’ notice is preferred, and 24 business hours’ notice is required to schedule visits
 - At least 72 hours’ notice is strongly encouraged for ALL visits
 - For the first patient on study, 72 hours’ notice is required.
 - Contact CRUSCHEDULE@nm.org or call 312-926-4452 to confirm the desired appointment time is available **before** submitting a registration form.
 - It is rare that requests for same day scheduling can be accommodated.
 - We will accommodate schedule changes to the best of our ability, but may not always be able to.

BEST PRACTICES FOR STUDY TEAMS

- When submitting your study to CRU:
 - Specify whether any study activities are expected to occur outside of the business hours noted.
 - Indicate anticipated frequency of occurrence outside of CRU business hours for each activity, and how much notice will be provided when scheduling.
- Study activities to highlight at or prior to submission include, but are not limited to:
 - Medication administration,
 - Safety monitoring, labs, VS, EKGs, etc.,
 - Post medication administration observation for adverse effects,
 - Specimen collection and processing,
 - Any complex, novel, and/or serial protocol driven activities.
- To discuss preparations for a new study or revisions to an established one: CRUCRNC@nm.org.
- If your study is particularly complex or novel, please request a pre-submission feasibility consult.