

Clinical Research Unit Nursing Services

	CRU Outpatient	CRU Mobile Nursing		CRU Inpatient
		Outpatient and Ambulatory	Inpatient	
Summary	CRU nurses provide patient care and conduct protocol-driven activities in a controlled, research-focused environment.	CRU nurses travel to procedural, outpatient, and ambulatory settings to provide services that support protocol compliance.	CRU nurses travel to NMH inpatient areas, bringing clinical research to the bedside and supporting protocol compliance.	This service supports clinical research requiring an inpatient setting for >24 hours, providing a highly controlled environment staffed by expert research nurses.
<p>Services available include: Investigational drug administration, safety monitoring, specimen collection. Contact CRUCRNC@nm.org with questions about your service needs.</p>				
Intended Patient Population	Healthy or medically stable participants not in need of overnight stay.	Research participants whose visit has components that must occur outside of the CRU due to the need for specialized procedures or equipment, or to optimize patient care and experience.	Acutely ill patients admitted for medical necessity or planned treatment, who require specialized care, and consent to participate in clinical research.	Healthy or medically stable participants; requiring stays >24 hours and not in need of complex, specialized medical care.
<p>Typically, for mobile services, research activities significantly exceed or differ from the area's standard of care (SOC).</p>				
Location	Galter 15, typically	Procedural, outpatient, or ambulatory settings at the AMC	Any NMH inpatient area	Feinberg 10E interior rooms, typically
Attending/Covering Provider	PI or Sub-I	PI or Sub-I in their SOC clinic setting or typical attending physician in a procedural area	Standard provider service for location/population	PI or Sub-I, typically
Primary RN	CRU RN	Varies by area and activity, Staff RN for area or CRU RN	Staff RN for the unit of admission	CRU RN

Updated 6.25

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Scheduling	-3 business days' notice is strongly recommended. -Minimum notice is 1 business day	-5 business days' notice is strongly recommended. -Minimum notice is 2 business days	-5 business days' notice is strongly recommended. -Minimum notice is 2 business days for visits occurring Monday-Friday 7:30am -7:00pm	-5 business days' notice is strongly recommended. -Minimum notice is 3 business days
<div> <p>More notice is always preferred.</p> <p>Advanced notice increases the likelihood of service availability for nights, weekends, and holidays</p> </div>				
Hours & Availability*	7:30am – 7:00pm Monday-Friday	7:30am – 7:00pm Monday-Friday	7:30am – 7:00pm Monday-Friday**	Available in 24-hour increments
<div> <p>Specimen processing requiring a lab technologist is available Monday-Friday, 9:00am – 5:00pm.</p> <p>Services outside of these hours may be available, please inquire in advance.</p> </div>				
Rates & Billing	Hourly rates, billed to the research study	Hourly rates, billed to the research study	Inpatient stay billed to patient insurance, with hourly rate for research nursing services billed to the research study	Flat rate billed to the research study

*CRU and Core Lab Services are not available on NM observed holidays: Labor Day, Thanksgiving Day, Christmas Day, New Year's Day, Memorial Day, Independence Day. If a holiday falls on a Saturday, the preceding Friday is observed as a holiday; if on a Sunday, the following Monday is observed.

**Potential availability of Inpatient Mobile Services on NM observed holidays, nights, and weekends is limited to, e.g., patients in immediate need of treatment with an investigational drug, such as a patient with acute leukemia or those undergoing a cadaveric solid organ transplant.

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Best Practices for Study Teams

- When submitting your study to CRU:
 - Specify which study activities are expected to occur outside of the business hours noted.
 - Indicate anticipated frequency of occurrence outside of CRU business hours for each activity, and how much notice will be provided when scheduling.
 - For inpatient services, consider the need for an investigator to serve as the attending physician for research participants, with availability 24/7 while the participant is admitted.
 - Consider “the right care, in the right bed, with the right caregivers,” especially for medically complex participants. For example, an oncology patient might benefit most by admission to an oncology service and the engagement of CRU Mobile Inpatient Services.
- Study activities to highlight at or prior to initial submission include, but are not limited to:
 - Medication administration
 - Safety monitoring, labs, VS, EKGs, etc.
 - Post-medication administration observation for adverse effects
 - Specimen collection and processing, and
 - Any complex, novel, and/or serial protocol-driven activities.
- Visit our website for more information [Clinical Research Units: NUCATS-FSM](#)
- To discuss preparations for a new study or revisions to an established one, contact CRUCRNC@nm.org.
- **If your study is particularly complex or novel, please request a Pre-submission Feasibility Consult by emailing CRUCRNC@nm.org.**

Updated 6.25